

## **Just announced...London Region Tristar/Youth Series 2010**

### **The Events:**

The events for this year's series have just been released. The series is a competition in its own right and we will be trying to get a good CPT presence at several of these events – if you are interested in taking part but might need some support getting there be sure to let Jon or Phil know!

The series also plays a major selection role for athletes wishing to represent Triathlon London at the 2010 IRC Championships to be held on 12<sup>th</sup> September 2010, Venue TBD. Alex, Alice and Joe made it to this event last year!

### **Entering:**

Entries to individual races must be made direct with the race organisers. Entries tend to fill up very quickly for some events so if you know you want to go to a particular event complete the entry process as soon as you can – this is usually available online through the links given below. Some Tristar groups are nearly full for our own CPT triathlon! We will try to keep you posted as entries open for each event.

All athletes entering the series races will automatically be included, free of charge, in the Series ranking. Athletes may choose not to be included in the ranking should they wish by contacting the Series Coordinators, Phil Taylor and Emma Beckinsale by email: [junior@triathlonlondon.org](mailto:junior@triathlonlondon.org).

### **CPT Junior Club Championship:**

Some of these events will also be included in our own CPT Junior Club Championship Series – to be announced very shortly... WATCH THIS SPACE!

### **Triathlon England membership:**

If you are entering several events it may be worth considering joining the British Triathlon Association - Triathlon England. This will give you a reduced entry fee to each event as well as other benefits such as worldwide personal accident cover, member's handbook with all the year's events and details and a monthly magazine!

<https://www.britishtriathlon.org/membership/triathlonengland/info/prices>

No.	Date	Event	Event Organiser	Entries
1	24 <sup>th</sup> April	Tri Sport Epping's Children's Aquathlon	<a href="#">Tri Sport Epping</a>	Opening soon: this is a new event to the series
2	2nd May	Hillingdon Children's Duathlon	<a href="#">Hillingdon Triathletes</a>	Opening soon: this will be an online entry when it opens
3	9th May	Hatch End Junior Triathlon	<a href="#">Jetstream Tri Club</a>	Open: <b>you need to download an entry form and send it off</b>
4	16 <sup>th</sup> May	Optima Racing Team Junior Aquathlon	<a href="#">Optima Racing Team</a>	Opening soon: this is a new event to the series
5	23 <sup>rd</sup> May	Crystal Palace Triathlon	<a href="#">Crystal Palace Triathletes</a>	Open: <b>ENTER NOW!</b>
6	6 <sup>th</sup> June	The Blenheim Triathlon (Youth only)	<a href="#">IMG Mass Participation Sports</a>	Open : this is just for those who are 15 (by 31.12.10) this year and over
7	20 <sup>th</sup> June	Thames Turbo Junior Aquathlon	<a href="#">Thames Turbo Triathlon Club</a>	Open: <b>ENTER NOW!</b>
8	10 <sup>th</sup> July	Eton Open Water Children's Triathlon	<a href="#">Human Race Events</a>	Open: <b>ENTER NOW!</b>

### Series Scoring:

There are 8 races in the series and an athlete's best 3 results will count towards their final series score.

Scoring for the series has been amended slightly to that used in 2009. In each event, for each Age Group & Gender, the first London athlete, will be awarded 1000 points. All other athletes in that event will then receive points based upon their finishing time, relative to the winner. For example, if winning time = 20 minutes, and athlete A finishes in 22 minutes, they will receive 909 points ( $20/22 \times 1000 = 909$ ). Athlete B who finishes in 23:20 will receive 857 points ( $20:00/23:20 \times 1000 = 857$ ). Every second counts. (Scoring will be calculated to unlimited decimal places, though 'shown' on the ranking to 2 decimal places, for presentation purposes).

Should there be a tie for first place in the series, joint first place prizes will be awarded.

## Triathlon London IRC Selection Policy 2010

### Eligibility:

To be eligible to represent the Triathlon London region at the IRC's, athletes must be a Triathlon England member who either lives within the Triathlon London region or is an active member of a Triathlon England affiliated club within the Triathlon London region. Athletes may only represent one region in any one year.

Triathlon London will be entering a team in the IRC's and the following places are available:

Category	Age	Boys Selected	Girls Selected
Tristar 2	11-12	2 athletes	2 athletes
Tristar 3	13-14	2 athletes	2 athletes
Youth	15-16	3 athletes	3 athletes

### The Triathlon London IRC selection policy for 2010:

#### Tristar 2 (11-12):

First 2 eligible finishers (boys and girls) in the final Triathlon London Tristar/Youth Series standings. Reserves/alternates will roll-down to the next available eligible series finisher.

#### Tristar 3 (13-14):

First 2 eligible finishers (boys and girls) in the final Triathlon London Tristar/Youth Series standings. Reserves/alternates will roll-down to the next available eligible series finisher.

#### Youth (15-16):

The first eligible London athlete (boys and girls) in the Mazda Blenheim Triathlon Youth Super Sprint (Sunday 7th June 2009) will be offered an automatic place (pre-selection) for the IRC team. The second place in the team will be awarded to the first eligible finisher in the Triathlon London Tristar/Youth Series (or second eligible finisher in the Series, should the first eligible finisher have already pre-qualified at Blenheim). The final (third) place in the team will be a discretionary position chosen by the IRC selection panel.

The panel advise that for the final (discretionary) position in the Youth team, the Triathlon London Tristar/Youth Series will still form a major consideration in their selection.

More details will be available on the London Region website: <http://www.triathlonlondon.org/>