

CRYSTAL PALACE TRIATHLON - 27th May 2007

START TIMES

Race No	Start time hh:mm:ss	First name	Family name	Club
210	10:10:40	Damien	Abbott	
135	09:44:40	Duncan	Aldous	
345	10:55:40	Matt	Aldridge	
333	10:51:40	Karen	Allworthy	East London Tri
451	11:31:00	Joe	Anderson	
452	11:31:20	Kim	Anderson	
578	12:13:20	David	Anderson	Belgrave
424	11:22:00	Paul	Andrew	Serpentine Running Club
147	09:48:40	Stuart	Andrews	
410	11:17:20	Kevin	Andrews	
509	11:50:20	Tim	Andrews	SERPENTINE
162	09:53:40	Mick	Arnold	
70	09:23:00	Anita	Asghar	South London harriers
549	12:03:40	Paul	Ashley	Ordnance Survey Civil Service
197	10:06:00	Reza	Ashrafi	
201	10:07:20	Helen	Ashton	
498	11:46:40	Philip	Aspden	East London Triathletes
505	11:49:00	Victoria	Atkinson	
153	09:50:40	Kuldip	Atwal	
86	09:28:20	Stuart	Axon	Blackwater Tri
29	09:09:20	Bruce	Ayers	Crystal Palace Triathletes
256	10:26:00	Ingrid	Babb	Serpentine Running Club
395	11:12:20	Darren	Babbage	
222	10:14:40	John	Bacon	Sevenoaks Tri Club
62	09:20:20	Paul	Bainbridge	
527	11:56:20	Robert	Baker	Greenwich Tritons
346	10:56:00	Philip	Baker-Heyes	
460	11:34:00	Chris	Ball	East London Triathletes
372	11:04:40	James	Ballard	Rye & District Wheelers
357	10:59:40	Christine	Banks	Optima Racing Team
443	11:28:20	Tim	Banner	Ful-On Triathlon Club
354	10:58:40	Emily	Bansemmer	Serpentine
546	12:02:40	Edward	Bardos	Serpentine
67	09:22:00	Tony	Barker	
421	11:21:00	Jon	Barks	Ful On Tri
589	12:17:00	Roger	Barr	Thames Turbo Sigma Sport
83	09:27:20	Thomas	Barrett	
226	10:16:00	John	Barron	Dorking&Mole Valley AC
214	10:12:00	Peter	Barry	Serpentine
159	09:52:40	Andrew	Bartlett	
40	09:13:00	Colette	Barton	
394	11:12:00	Tomaszewski	Bartosz	
320	10:47:20	Bruce	Baxter	
521	11:54:20	Nick	Baxter	Larkfield AC
259	10:27:00	Charlie	Baynes	East Essex Triathlon Club
37	09:12:00	Zac	Beard	
580	12:14:00	James	Beckinsale	Optima Racing Team
423	11:21:40	Michael	Beecher	
496	11:46:00	Stephen	Bell	Serpentine Running Club
588	12:16:40	Martin	Ben	Otter Swimming Club
338	10:53:20	Catherine	Benger	

280	10:34:00	Simeon	Bennett	Victoria Park Harriers
508	11:50:00	Andrew	Bennett	Fulontri
322	10:48:00	Kay	Bettis	Serpentine Running Club
285	10:35:40	Jo	Bidston	East Essex Triathlon
384	11:08:40	Mark	Bidston	East Essex Triathlon Club
110	09:36:20	John	Bilton	
125	09:41:20	Annie	Birch	Hillingdon Triathletes
408	11:16:40	Ian	Birch	CSSC / Hillingdon Triathletes
586	12:16:00	James	Blastland	Ful-on-tri
500	11:47:20	Philip	Blatch	SLH Tri Club
178	09:59:00	Emma	Blazey	
560	12:07:20	Nick	Bonsall	
235	10:19:00	Matt	Bowley	
550	12:04:00	John	Bowron	Serpentine
118	09:39:00	Julia	Bowyer	
319	10:47:00	Bruce	Boxall-Hunt	Met Police Tri
155	09:51:20	David	Brace	
376	11:06:00	Chris	Bracewell	south london tri
530	11:57:20	Lucas	Bradbury	
273	10:31:40	Catherine	Bradford	Serpentine Running Club
355	10:59:00	Elizabeth	Bradford	
440	11:27:20	Claire	Brady	East London Triathletes
267	10:29:40	Catherine	Brand	
414	11:18:40	Melissa	Brand	Serpentine Running Club
534	11:58:40	Edmund	Brand	
506	11:49:20	Joc	Branko	
449	11:30:20	Malcolm	Brasseur	Tri London
244	10:22:00	Barbara	Bressolles	Serpentine Running Club
205	10:08:40	Keith	Brewster	Epping Forest MBC
50	09:16:20	Rachel	Brine	
403	11:15:00	Jelle	Brons	Serpentine
558	12:06:40	Mark	Brooks	Tri Sport Epping
206	10:09:20	Janice	Brown	East Essex Triathlon Club
272	10:31:20	Mark	Brown	East Essex Triathlon Club
143	09:47:20	Shane	Brownie	
44	09:14:20	Louise	Bryce	
145	09:48:00	Heidi	Bryson	
212	10:11:20	Robert	Buckler	
177	09:58:40	Melanie	Burdett	Beckenham Running Club
398	11:13:20	Stuart	Burford	
385	11:09:00	Louise	Burnie	Tri London
462	11:34:40	Fiona	Burnie	Tri London
517	11:53:00	Steve	Bush	Dorking and Mole Valey AC
587	12:16:20	Timothy	Butt	East Essex Triathlon Club
202	10:07:40	Joseph	Butters	
254	10:25:20	Paul	Callaghan	Orpington Road Runners
302	10:41:20	Kevin	Carley	Blackwater Tri
433	11:25:00	Edwina	Carter	Optima Racing Team
519	11:53:40	Darryl	Carter	CSSC
422	11:21:20	Tracy	Caudle	East Grinstead Tri Club
415	11:19:00	Simon	Causer	Met Police Tri
90	09:29:40	Oscar	Ces	
481	11:41:00	Matt	Chapman	SLH Tri Club
360	11:00:40	John	Chappell	
23	09:07:20	Lynda	Chase	Met Police Tri Club
25	09:08:00	Joanne	Clarke	Crystal Palace Triathletes

263	10:28:20	Alistair	Clarke	
393	11:11:40	Nic	Clarke	
453	11:31:40	David	Clarke	Belgrave
553	12:05:00	Dave	Clarke	
417	11:19:40	Nick	Clements	
78	09:25:40	Jason	Cobb	
298	10:40:00	Teks	Cobra	
88	09:29:00	Sara	Cogan	
468	11:36:40	Andy	Collins	SLH Tri Club
419	11:20:20	Julia	Colston	
269	10:30:20	Raffaele	Colturi	
245	10:22:20	Peter	Conisbee	Met Police Tri
328	10:50:00	Mark	Cook	
491	11:44:20	Edwin	Cook	Ful-On Triathlon Club
371	11:04:20	Mike	Cookman	
207	10:09:40	Jacqui	Cooper	Dorking and Mole Valley TC
243	10:21:40	Hannah	Cooper	
213	10:11:40	Clare	Cornish	Larkfield AC
296	10:39:20	Francesca	Cortvriend	Andover Triathlon Club
513	11:51:40	Sophia	Costley	Tri 7
514	11:52:00	Catherine	Costley	Tri 7
174	09:57:40	Simon	Cottam	
42	09:13:40	Andrew	Cotterill	
380	11:07:20	Michael	Courtier	Greenwich Tritons
405	11:15:40	Robert	Coxhead	MPS TRI
71	09:23:20	John	Coyne	shouldknowbetter
317	10:46:20	Charlotte	Craig	Dorking and Mole Valley AC
582	12:14:40	Karen	Crane	
592	12:18:00	Sean	Crane	TEAM SAFE
486	11:42:40	Natalie	Creswick	Ful-On Tri
240	10:20:40	Paul	Crouch	7oaks Triathlon Club
442	11:28:00	Felicity	Crowe	
522	11:54:40	Katie	Crowe	Serpentine
447	11:29:40	Rob	Crozier	SLH Tri Club
24	09:07:40	Leah	Culwin	Crystal Palace Triathletes
282	10:34:40	Paul	Cumberworth	East London Triathletes
428	11:23:20	Mark	Curtis	Fulon Tri
573	12:11:40	Philip	Curtis	Cambridge Triathletes
365	11:02:20	Anne	Davidson	
303	10:41:40	Jenny	Davies	
76	09:25:00	Mark	Davis	
77	09:25:20	Paul	Davis	
531	11:57:40	Andri	de Wit	East London Triathletes
136	09:45:00	Elizabeth	Dean	MET Police Tri
275	10:32:20	David	Dean	Larkfield AC
140	09:46:20	Emma	Dearsley	Farnham Tri
198	10:06:20	Graham	Debney	
111	09:36:40	Neil	Declemy	
38	09:12:20	Lisa	DeGennaro	
138	09:45:40	Paul	Delicata	Cambridge Harriers
431	11:24:20	John	Dennis	Optima Racing Team
68	09:22:20	John	Dent	
276	10:32:40	Simon	Deville	East London Tri
52	09:17:00	Paul	Di Ciacca	Team BB
144	09:47:40	Alastair	Dick	
211	10:11:00	John	Dick	

247	10:23:00	Oliver	Diggins	Tri London
36	09:11:40	Jonathan	Donne	
241	10:21:00	Siobhan	Doyle	
349	10:57:00	Philip	Doyle	
358	11:00:00	John	Doyle	Optima Racing Team
429	11:23:40	Peter	Drinkell	Tri London
21	09:06:40	David	Drury	Crystal Palace Triathletes
216	10:12:40	David	Drury	Serpentine
33	09:10:40	Peter	Duffy	Crystal Palace Triathletes
294	10:38:40	Catherine	Eastham	Belgrave Harriers
493	11:45:00	Elizabeth	Eastham	
426	11:22:40	Antonia	Edgerton	
66	09:21:40	Charlotte	Ellis	
190	10:03:40	David	Ellison	
264	10:28:40	Nick	Ellson	
570	12:10:40	Joel	Enoch	
191	10:04:00	Steve	Enright	53-12
192	10:04:20	Kay	Enright	
567	12:09:40	Esther	Evans	Thames Turbo Sigma Sport
579	12:13:40	Richard	Evans	Met Police Tri
375	11:05:40	Lisa	Fairclough	
6	09:01:40	Suse	Fairfax	Crystal Palace Triathletes
43	09:14:00	Jon	Farley	
374	11:05:20	Kristel	Farr	ELT
129	09:42:40	Belinda	Farrall	
396	11:12:40	Toby	Feakin	
373	11:05:00	David	Fearnley	Dulwich Paragon Cc
176	09:58:20	Sue	Fell	
341	10:54:20	Victoria	Fifield	
543	12:01:40	Paul	Finch	
120	09:39:40	Steve	Fisher	East Essex Triathlon Club
397	11:13:00	Clare	Flannery	
116	09:38:20	Matt	Ford	
476	11:39:20	Rufus	Ford	East London Triathletes
479	11:40:20	Tom	Fordyce	Ful-On Tri
48	09:15:40	Robert	Forster	
378	11:06:40	Jon	Forsyth	
281	10:34:20	Patrick	Foster	serpentine
339	10:53:40	Graham	Foster	MPS Triathlon Club
515	11:52:20	Toby	Foster	Optima Racing Team
227	10:16:20	Yvonne	French	East Essex Triathlon Club
268	10:30:00	Nick	French	Army Triathlon Association
370	11:04:00	Nathan	French	
444	11:28:40	Catherine	French	Army Triathlon Association
409	11:17:00	Roger	Fretwell	Serpentine Running Club
187	10:02:40	Deann	Frost	Serpentine
563	12:08:20	David	Fuller	
126	09:41:40	Grant	Gahagan	CSSC
412	11:18:00	Duncan	Gargrave	
290	10:37:20	Marcel	Garrad	
420	11:20:40	Graeme	Garthwaite	Larkfield AC
287	10:36:20	Beatrice	Gauthe	
41	09:13:20	Ian	Gayle	
106	09:35:00	Neil	Gear	
391	11:11:00	Neil	Gear	
142	09:47:00	Suzanne	Genever	

12	09:03:40	Ian	George	East Essex Triathlon Club
152	09:50:20	Grant	Georgiades	
28	09:09:00	Faith	Geraghty	Crystal Palace Triathletes
85	09:28:00	Thomas	Ghaemian	
318	10:46:40	Alastair	Gibson	
7	09:02:00	Jonathan	Gidlow	Crystal Palace Triathletes
277	10:33:00	Graeme	Gilchrist	
474	11:38:40	Neil	Giles	East London Triathletes
566	12:09:20	Richard	Gillman	East London Triathletes
265	10:29:00	Alex	Godfrey	
492	11:44:40	Farouk	Gohil	Tri London
455	11:32:20	Chris	Goodman	
583	12:15:00	Leon	Goodwin	Optima Racing Team
224	10:15:20	Jonathan	Gough	
249	10:23:40	Katherine	Gould	
356	10:59:20	Peter	Graham	
94	09:31:00	Matthew	Grant	
436	11:26:00	Devreaux	Gravell	
377	11:06:20	Linda	Gray	Avanti
439	11:27:00	Matthew	Gray	
11	09:03:20	Cathie	Greasley	Crystal Palace Triathletes
575	12:12:20	Lee	Greatorex	Belgrave Harriers
186	10:02:20	David	Gribbon	
26	09:08:20	Alesdair	Grice	Crystal Palace Triathletes
342	10:54:40	Karen	Grieves	
548	12:03:20	John	Griffin	Tri London
347	10:56:20	Robert	Grimsey	
105	09:34:40	Craig	Gutteridge	
100	09:33:00	Dom	Hale	
73	09:24:00	Andrew	Hall	
535	11:59:00	Claire	Halligan	
185	10:02:00	Richard	Hannam	
297	10:39:40	Warner	Hanscombe	
369	11:03:40	Pernille	Hansen	Serpentine
539	12:00:20	Mark	Hardie	Tri London
203	10:08:00	Adam	Harman	
79	09:26:00	Caroline	Harper	Serpentine
99	09:32:40	Mark	Harris	
596	12:19:20	Dion	Harrison	THAMES TURBO SIGMA SPORT
257	10:26:20	Gary	Harvey	
559	12:07:00	Robbie	Hayton	
542	12:01:20	Patrick	Hazard	Thames Turbo Triathlon Club
151	09:50:00	Mathilde	Heaton	Belgrave Harriers
477	11:39:40	Bob	Hedderman	MET Police Tri
591	12:17:40	Anne	Hegvold	Belgrave Harriers
561	12:07:40	Steve	Henigan	Team Viper
316	10:46:00	Simon	Henty	Team Viper
484	11:42:00	Alex	Herbert	
196	10:05:40	Rob	Hetherington	
122	09:40:20	Lorraine	Hewett	SLH Tri Club
464	11:35:20	Thomas	Hewins	East London Triathletes
148	09:49:00	Martin	Hickman	
81	09:26:40	Malcolm	Hicks	
327	10:49:40	Ian	Hill	CSSC
555	12:05:40	Chris	Hill	Serpentine
502	11:48:00	Suzanne	Hilton	Greenwich Tritons

91	09:30:00	Jane	Hinne	Greenwich Tritons
545	12:02:20	Mike	Hipkin	CSSC
173	09:57:20	Ian	Hodge	Serpentine Running Club
469	11:37:00	Duncan	Hodge	Bromley
473	11:38:20	Chris	Holmes	SLH Tri Club
551	12:04:20	Bethan	Hopewell	Ful-On Triathlon Club
169	09:56:00	Emma	Hopkinson	Serpentine Running Club
65	09:21:20	Colin	Horn	
1	09:00:00	Jon	Horsman	Crystal Palace Triathletes
237	10:19:40	Paul	Hosein	
488	11:43:20	Peter	Howarth	Met Police Tri club
595	12:19:00	Dylan	Howells	Thames Turbo Triathlon Club
511	11:51:00	Ashley	Howes	Larkfield AC
154	09:51:00	Philip	Hull	
181	10:00:40	Les	Humphrey	bromley vets a c
524	11:55:20	Michael	Humphreys	
314	10:45:20	Benjamin	Huntley	
363	11:01:40	Robert	Hunton	
225	10:15:40	Richard	Hussey	Larkfield AC
557	12:06:20	Ruth	Hutton	SLH Tri Club (Evans RT)
556	12:06:00	Gianluigi	Ingargiola	
233	10:18:20	Melinda	Jacoby-Hogg	
63	09:20:40	Adam	Jarosz	
228	10:16:40	Tim	Jenkins	
351	10:57:40	Kevin	Jenner	
402	11:14:40	Cameron	Jensen	
180	10:00:20	Tom	Johnson	
304	10:42:00	Martin	Johnson	Deal Tri Limited
388	11:10:00	Michael	Johnson	Harvel Hash House Harriers
132	09:43:40	Michael	Jones	
340	10:54:00	Tim	Jones	TEAM SAFE
434	11:25:20	Quentin	Jones	Wimbledon Windmilers
366	11:02:40	Martyn	Joyce	
471	11:37:40	Panos	Kakoullis	East London Triathletes
251	10:24:20	Mark	Kalinauckas	East London Triathletes
45	09:14:40	Caren	Kauffmann	
459	11:33:40	Helen	Keaton	Wimbledon Windmilers
193	10:04:40	James	Kell	
175	09:58:00	Delia	Kelleher	
204	10:08:20	Ken	Kelly	
221	10:14:20	John	Kelly	
123	09:40:40	Simon	Keogh	Andover Triathlon Club
362	11:01:20	Duncan	Kerr	CSSC
253	10:25:00	Thom	Kilvert	
20	09:06:20	Gavin	King	Crystal Palace Triathletes
103	09:34:00	Ross	King	
309	10:43:40	Peter	King	Ful On Tri
301	10:41:00	Olga	Kodadova	East London Triathletes
529	11:57:00	Sarah	Koen	
572	12:11:20	Kate	Laforet	Serpentine
208	10:10:00	Tony	LaMoury	
458	11:33:20	Gary	Langridge Brow	East Essex Tri Club
344	10:55:20	Simon	Laver	East London Triathletes
5	09:01:00	Matt	Lawrence	Crystal Palace Triathletes
446	11:29:20	Guido	Le Lorrain	Tri London
239	10:20:20	Allan	Leas	East London Triathletes

532	11:58:00	Gaelle	Lebray	Tri London
364	11:02:00	Myrto	Lee	
383	11:08:20	Andrea	Leedale	CSSC
593	12:18:20	Euan	Lees	Ful-On Triathlon Club
149	09:49:20	Mike	Leigh	SLH Tri Club
183	10:01:20	Andrew	Lennard	
270	10:30:40	Charles	Lescott	Serpentine Running Club
3	09:00:40	Greg	Lewis	Crystal Palace Triathletes
520	11:54:00	Daniel	Liddard	
399	11:13:40	Kevin	Linehan	Tri London
581	12:14:20	Christopher	Lionnet	Greenwich Tritons
27	09:08:40	Audrey	Livingston	Crystal Palace Triathletes
220	10:14:00	Tom	Lloyd	
252	10:24:40	Andrew	Loader	
379	11:07:00	Peter	Lock	London Tri
299	10:40:20	Christopher	Lodge	
246	10:22:40	Martin	Long	Z Tri - Epsom
472	11:38:00	Andrew	Longley	SLH Tri Club
292	10:38:00	David	Longstaff	East London Triathletes
61	09:20:00	Matt	Lonsdale	
315	10:45:40	Janson	Lotery	
134	09:44:20	Hannah	Lowe	
392	11:11:20	Alethea	Lowles	7oaks Triathlon Club
437	11:26:20	John	Lund	serpentine
536	11:59:20	Christine	Lutsch	Serpentine Running Club
313	10:45:00	Neil	Lynch	East Essex Triathlon Club
331	10:51:00	Mark	Lythaby	
161	09:53:20	Daniel	Mackay	Kent Athletic Club
390	11:10:40	John	Mackenzie	Reigate Priory AC
353	10:58:20	Tony	Macpherson	Serpentine Running Club
295	10:39:00	Ian	Maddison-Roberts	
195	10:05:20	Rory	Maguire	Serpentine Running Club
93	09:30:40	Javed	Majeed	
130	09:43:00	Anthony	Mallett	
499	11:47:00	Paul	Manson	East London Triathletes
361	11:01:00	Kate	Marchant	Beckenham running club
368	11:03:20	James	Marler	Optima
200	10:07:00	Oliver	Marlow	
30	09:09:40	Camilla	Martin	Crystal Palace Triathletes
101	09:33:20	Julie	Martin	
167	09:55:20	Eamon	Martin	
435	11:25:40	Jason	Martin	
404	11:15:20	David	Mason	Met Police tri club
306	10:42:40	James	Matthews	
156	09:51:40	Martin	McCarthy	SLH Tri Club
352	10:58:00	Emma	McCaughey	
387	11:09:40	Ian	McChesney	
10	09:03:00	Paul	McCoy	Crystal Palace Triathletes
305	10:42:20	Neil	McGregor	
128	09:42:20	Douglas	McIntosh	
516	11:52:40	Sarah Anne	McLeod	Thames Turbo Sigma Sport
223	10:15:00	Stuart	McMahon	Tri London
215	10:12:20	Stephen	McNab	
231	10:17:40	Nick	McNamara	
189	10:03:20	Andrew	Mead	
518	11:53:20	Benjamin	Mellors	Serpentine Running Club

194	10:05:00	Josephine	Metcalf	
569	12:10:20	Julian	Metcalf	
448	11:30:00	Natalie	Middleton	Thames Turbo Triathlon Club
266	10:29:20	Nicola	Millard	
332	10:51:20	Paul	Millbank	
336	10:52:40	Nick	Mills	
112	09:37:00	John	Molloy	
35	09:11:20	Martin	Monks	Hitchin's Bitchin'
343	10:55:00	Abigail	Moran	Serpentine Running Club
485	11:42:20	Rob	Morris	
406	11:16:00	Wendy	Mountford	Dorking
523	11:55:00	Dean	Moy	East London Triathletes
416	11:19:20	Martin	Muldoon	Serpentine
56	09:18:20	Carol	Murphy	Harvel Hash House Harriers
466	11:36:00	Olive	Murphy	Serpentine
329	10:50:20	Jason	Murray	
95	09:31:20	Nadia	Naylor	
15	09:04:40	James	Nellist	Crystal Palace Triathletes
18	09:05:40	Emily	Nellist	Crystal Palace Triathletes
386	11:09:20	Paul	Newman	East London Triathletes
19	09:06:00	John	Newton	Crystal Palace Triathletes
278	10:33:20	David	Newton	
64	09:21:00	Marek	Nowakowski	
157	09:52:00	Pat	O'Brian	SLH Tri Club
590	12:17:20	Tyler	O'Callaghan	
158	09:52:20	Jim	O'Donovan	
271	10:31:00	Nicole	Oh	
312	10:44:40	Matt	O'Hare	
150	09:49:40	Daniel	O'Keefe	
69	09:22:40	Thomas	Olden	Tri London
188	10:03:00	John	Oliver	
547	12:03:00	Paul	O'Neill	East London Triathletes
199	10:06:40	Jane	Osborne	Larkfield AC
82	09:27:00	Robert	Otley	
598	12:20:00	David	O'Toole	
124	09:41:00	Iain	Ovenden	
137	09:45:20	Andrew	Owen	
209	10:10:20	Mary	Owen	
121	09:40:00	Graham	Paisley	East Essex Triathlon Club
80	09:26:20	Angharad	Palin	Serpentine Running Club
72	09:23:40	Anna	Panton	
528	11:56:40	James	Parfitt	Tri7
321	10:47:40	William	Parker	VPH
533	11:58:20	Janet Darrell	Parker	
300	10:40:40	Richard	Parr	
59	09:19:20	Vicki	Parry	Serpentine
400	11:14:00	Rob	Parry	South London Tri
359	11:00:20	Nina	Pascall	
457	11:33:00	David	Pattison	East London Triathletes
234	10:18:40	Steven	Payne	
450	11:30:40	Michael	Pearce	
229	10:17:00	Mark	Pearson	
230	10:17:20	Michael	Pearson	
232	10:18:00	Tim	Pearson	
39	09:12:40	Stuart	Peck	
411	11:17:40	Graham	Perks	Essex Police Tri

445	11:29:00	Paul	Perry	Serpentine Running Club
495	11:45:40	Josephine	Perry	Serpentine
114	09:37:40	Tristan	Philippides	
260	10:27:20	Matthew	Pickett	East Essex Triathlon Club
168	09:55:40	Carley	Pilcher	
286	10:36:00	Shusanah	Pillinger	Serpentine
293	10:38:20	Harry	Pim	
164	09:54:20	Roberto	Pineiro-Varela	
107	09:35:20	John	Pitt	
337	10:53:00	John	Pitt	
541	12:01:00	Andrew	Plews	
441	11:27:40	Diane	Purton	Greenwich Tritons
14	09:04:20	Linda	Pymont	Crystal Palace Triathletes
507	11:49:40	Paul	Quick	
389	11:10:20	Jonathan	Rae	Serpentine
57	09:18:40	Martin	Rafferty	
248	10:23:20	Leasa	Ramsbotham	
75	09:24:40	Stephen	Reay	
324	10:48:40	Howell	Reed	Andover Triathlon Club
102	09:33:40	David	Relf	
597	12:19:40	Luis	Rendon	Tri London
47	09:15:20	Grant	Rex	
367	11:03:00	Tom	Richards	Serpentine Running Club
46	09:15:00	Mark	Richardson	Serpentine Running Club
283	10:35:00	Mark	Rightmyer	
32	09:10:20	Neil	Roberts	Crystal Palace Triathletes
487	11:43:00	Jonathan	Roberts	
311	10:44:20	Stephen	Robertson	
310	10:44:00	Matt	Robins	SLH Tri Club
171	09:56:40	David	Robinson	Victoria Park Harriers & Tower Hamlets AC
172	09:57:00	Ian	Robinson	
308	10:43:20	Carey	Robinson	serpentine
490	11:44:00	Alexis	Robinson	
554	12:05:20	Ross	Robinson	
564	12:08:40	Jon	Robinson	
538	12:00:00	Frith	Roche	THAMES TURBO SIGMA SPORT
96	09:31:40	Andrew	Rochford	
501	11:47:40	Ian	Rooke	
217	10:13:00	Dave	Routledge	
334	10:52:00	Paul	Ruffy	
55	09:18:00	Paul	Russell	
60	09:19:40	Suzie	Rylatt	
49	09:16:00	Adam	Sada	
131	09:43:20	Mark	Sage	
288	10:36:40	Yuzo	Saito	Thames Turbo
182	10:01:00	Alan	Sallows	
127	09:42:00	Kate	Sandeman	
291	10:37:40	Annie	Sanderson	
335	10:52:20	Nicola	Sanderson	
242	10:21:20	Chris	Saunders	Serpentine
219	10:13:40	John	Scanlon	
494	11:45:20	Jack	Scannell	Ful-on-Tri
51	09:16:40	Richard	Schnaier	
504	11:48:40	Carla	Self	
467	11:36:20	Lawrence	Shafier	East London Triathletes
330	10:50:40	Ben	Sharp	

413	11:18:20	James	Sharp	
58	09:19:00	Neil	Shaw	
418	11:20:00	Zena	Shean	East Essex Triathlon Club
326	10:49:20	Gemma	Shearman	
109	09:36:00	Peter	Shew	
461	11:34:20	Andrew	Short	East London Triathletes
577	12:13:00	Chris	Short	Tri London
119	09:39:20	Liz	Shuker	
323	10:48:20	Trevor	Simmons	Blackheath and Bromley Harriers
16	09:05:00	Alan	Siu	Crystal Palace Triathletes
179	10:00:00	Anthony	Sizer	7Oaks Tri Club
92	09:30:20	Beattie	Slavin	Greenwich Tritons
568	12:10:00	Peter	Slijkhuis	Science In Sport.com
537	11:59:40	Julian	Smallbone	Optima Racing Team
289	10:37:00	Kerry	Smith	
350	10:57:20	Abby	Smith	
565	12:09:00	Helen	Smith	Thames turbo sigma sport
382	11:08:00	Emma	Snowdon	
74	09:24:20	Wee-Ming	Soh	
562	12:08:00	Matthew	Soper	
9	09:02:40	Ken	Southern	Crystal Palace Triathletes
489	11:43:40	Wayne	Southon	Met Police Tri
600	12:20:40	Alan	Spelling	met police tri club
218	10:13:20	Julian	Spencer-Wood	Greenwich Tritons
456	11:32:40	Paul	Stafford	ELT
463	11:35:00	Anita	Stanford	
540	12:00:40	Richard	Stanhope	Thames Turbo Triathlon Club
98	09:32:20	Charlie	Stannett	Ipswich triathlon club
381	11:07:40	Kate	Stannett	Ipswich triathlon club
325	10:49:00	Chris	Stanton	
497	11:46:20	Lee	Staples	Orpington
284	10:35:20	Francis	Staunton	SLH Tri Club
184	10:01:40	Peter	Stawowski	Tri London
401	11:14:20	Jo	Stephens-Smith	Sevenoaks Tri Club
139	09:46:00	Edmund	Stokes	
425	11:22:20	James	Stuart	
89	09:29:20	Ben	Sulaiman	
2	09:00:20	Andrea	Sullivan	Crystal Palace Triathletes
407	11:16:20	Toby	Sullivan	
170	09:56:20	Mark	Sunderland	
594	12:18:40	Anna	Sykes-Brown	Optima Racing Team
115	09:38:00	Claire	Taylor	
432	11:24:40	John	Taylor	Thames Turbo Triathlon Club
438	11:26:40	Ross	Taylor	
483	11:41:40	Adam	Taylor	CSSC
571	12:11:00	Jessica	Taylor	Ful-On Tri
13	09:04:00	Mark	Thomas	Serpentine
4	09:01:20	Victor	Thompson	Crystal Palace Triathletes
53	09:17:20	Guy	Thorneloe	
146	09:48:20	Greg	Thornett	
430	11:24:00	Vincent	Ting	Wimbledon Windmilers
307	10:43:00	Charles	Tinsley	
503	11:48:20	Andy	Tough	Serpentine Running Club
510	11:50:40	Jon	Train	Thames Turbo Triathlon
22	09:07:00	Julie	Traupe	Crystal Palace Triathletes
97	09:32:00	Philip	Tsang	Victoria Park Harriers

427	11:23:00	Gemma	Tune	East Essex Triathlon Club
166	09:55:00	David	Tyler	
512	11:51:20	Jonathan	Tyler	
54	09:17:40	Jonathan	Verrier	
84	09:27:40	Robert	Vigurs	
238	10:20:00	Francisco Jav	Villatoro	Hillingdon Triathletes
255	10:25:40	Beate	Vogt	Serpentine Running Club
599	12:20:20	Chris	Waddell	East London Triathletes
475	11:39:00	Gill	Waite	
478	11:40:00	Jon	Waites	SLH Tri Club
113	09:37:20	Iain	Wales	
160	09:53:00	Scott	Walker	
258	10:26:40	Steve	Walker	
480	11:40:40	Gregg	Walker	Ful-On Triathlon Club
544	12:02:00	Kevin	Walsh	
525	11:55:40	Steve	Wand	Greenwich Tritons
470	11:37:20	Dennis	Warner	Harwich Runners
117	09:38:40	Adam	Warnes	
465	11:35:40	Darren	Webb	
250	10:24:00	Mickael	Weiss	
31	09:10:00	Steven	Wells	Crystal Palace Triathletes
279	10:33:40	Mike	Wheatley	Tri Sport Epping
574	12:12:00	Charmaine	Wheeler	Team viper
584	12:15:20	Ben	Wheeler	Team viper
454	11:32:00	Chris	White	Belgrave
526	11:56:00	David	White	Tri London
8	09:02:20	Lauren	Whitmore	Crystal Palace Triathletes
17	09:05:20	Haydn	Whitmore	Crystal Palace Triathletes
141	09:46:40	Rachel	Whittaker	Serpentine Running Club
236	10:19:20	Luzian	Wild	Serpentine Running Club
104	09:34:20	Paul	Wilkie	
108	09:35:40	Laura	Williamson	Striders of Croydon
585	12:15:40	Martin	Williamson	Thames Turbo Sigma Sport
133	09:44:00	Nicholas	Wilson	
165	09:54:40	Kelvin	Wilson	V C Harry Perry
34	09:11:00	Scott	Wise	Crystal Palace Triathletes
262	10:28:00	Nicola	Wood	
274	10:32:00	Nick	Wood	Wimbledon Windmilers
576	12:12:40	Nick	Wood	
482	11:41:20	Beckie	Woodland	SLH Tri Club
552	12:04:40	Ian	Woodward	tri talk
348	10:56:40	Andrew	Wyeth	
261	10:27:40	Clare	Wyangard	Dulwich Runners
87	09:28:40	Andrew	Young	Met Police Tri
163	09:54:00	Vilmos	Zsombori	