



The Crystal Palace triathlon offers easy access and great views for spectators. From the stands you can watch the swimming. Then, back out through the main entrance and you can see the athletes run through the old tennis courts. Then just walk onto the promenade (the roof of the indoor track). This is a great place to watch the cycle and run action from. From this point you can also look down with a great view into the transition area. As the race is a multi lap event, this is a great place to base yourself to see all the excitement and stay close to amenities too!

Finally, take the steps down to the stadium where you'll be able to get up close for the finish. Cheer loudly..... And don't forget the camera! Enjoy your day.

Crystal Palace Triathletes