

CRYSTAL PALACE TRIATHLON - 31 MAY 2009
SWIM TIMES

Race No	Start time hh:mm:ss	First name	Family Name	Club
548	12:47:20	Norbert	Abenaim	Mornington Chasers
236	11:03:20	Lee	Adams	
798	14:10:40	Mike	Adams	Thames Turbo Triathlon Club
748	13:54:00	Des	Adkinson	Tri Condor
240	11:04:40	Michael	Aherne	
254	11:09:20	Rupert	Alcock	
225	10:59:40	Sophie	Aldridge	
244	11:06:00	Amy	Allison	Clapham Chasers RC
696	13:36:40	Andrea	Allocco	Tri London
326	11:33:20	Jonas	Anckarman	
480	12:24:40	Kevin	Andrews	
322	11:32:00	Ryan	Anglem	
568	12:54:00	Sarah Grace	Archer	Clapham Chasers RC
265	11:13:00	Will	Ashley-Cantello	
799	14:11:00	David	Ashton	
460	12:18:00	Diane	Ashworth	Ashford tri club
303	11:25:40	Stuart	Axon	Blackwater Triathlon Club
658	13:24:00	James	Bachelor	
739	13:51:00	Greg	Bagley	
359	11:44:20	Tania	Baguley	
604	13:06:00	Graeme	Baguley	
321	11:31:40	Paul	Bainbridge	
319	11:31:00	Katharine	Baker	
695	13:36:20	David	Baker	SLH Tri Club
699	13:37:40	Robert	Baker	Greenwich Tritons
501	12:31:40	Philip	Baker-Heyes	
365	11:46:20	Rob	Balchin	
700	13:38:00	Ric	Baldock	The Vishlords
780	14:04:40	Nick	Bamford	
220	10:58:00	Jessica	Barclay	
229	11:01:00	Grant	Barnes	
224	10:59:20	Michael	Barry	
296	11:23:20	Miles	Bartlett	
511	12:35:00	Andrew	Bates	
762	13:58:40	Nick	Baxter	Larkfield AC Trilarks
769	14:01:00	John	Beardsworth	Army Triathlon Club
356	11:43:20	Simon	Begley	
661	13:25:00	Colin	Bell	
749	13:54:20	Justin	Benson	
556	12:50:00	Tim	Bescoby	
306	11:26:40	Fiona	Bettles	Crystal Palace Triathletes
348	11:40:40	Brian	Biddlecombe	
584	12:59:20	Neil	Binns	
408	12:00:40	Charles	Bishenden	Tri Condor
596	13:03:20	Andy	Blackman	
411	12:01:40	Jaimie	Blagg	
360	11:44:40	Jaime	Blakeley-Glover	
781	14:05:00	Daniel	Blakemore	
655	13:23:00	Adam	Bloch	
251	11:08:20	Tony	Bloom	

594	13:02:40	Lynton	Boardman	
579	12:57:40	Richard	Booth	St. George's Tri Club
215	10:56:20	Warren	Bottrill	
586	13:00:00	Yoann	Bourgeois	Tri London
615	13:09:40	Alex	Boutell	
527	12:40:20	Matt	Bowden	
613	13:09:00	Paul	Bracey	
750	13:54:40	Ian	Bradbury	
252	12:49:20			
678	13:30:40	Catherine	Bradford	Serpentine Running Club
643	13:19:00	Henri	Bredenkamp	
795	14:09:40	Jon	Brett	Trent Park Running Club
316	11:30:00	Alan	Bridge	
713	13:42:20	Rob	Brinkley	Black Country Triathletes
285	11:19:40	Wayne	Brookes	
216	10:56:40	Christine	Brooks	Striders of Croydon
217	10:57:00	Gary	Brooks	Striders of Croydon
786	14:06:40	Fredrik	Brorson	Crystal Palace Triathletes
207	10:53:40	Janice	Brown	East Essex Triathlon Club
249	11:07:40	James	Brown	8th Day
350	11:41:20	Kevin	Brown	
632	13:15:20	Ellen	Brunsborg	
773	14:02:20	Ray	Brunsborg	Tri London
442	12:12:00	Michael	Buckingham	Tri Condor
745	13:53:00	Pete	Bullions	
412	12:02:00	Melanie	Burdett	Beckenham Running Club
405	11:59:40	Steven	Burke	
299	11:24:20	Carey	Burton	
726	13:46:40	Isabel	Burton	Serpentine Running Club
385	11:53:00	Nick	Butcher	Clapham Chasers RC
585	12:59:40	Paul	Butler	
498	12:30:40	Seb	Butter	
727	13:47:00	Benji	Byrne	
272	11:15:20	Janet	Bywater	East London Triathletes
315	11:29:40	John	Cameron	Ful-On Triathlon Club
426	12:06:40	Richard	Campbell	
451	12:15:00	Stephanie	Cannon	Serpentine Running Club
534	12:42:40	Paula	Caplan	Thames Turbo Triathlon Club
669	13:27:40	Luke	Carey	Ful-On Tri
646	13:20:00	Kevin	Carley	Blackwater Triathlon Club
381	11:51:40	Ian	Carlyle	
710	13:41:20	Lotte	Carritt	Tri London
432	12:08:40	Lauren	Carter	
483	12:25:40	Bruce	Carter	
667	13:27:00	Penny	Cartwright	TriTeamGlos
387	11:53:40	Felicity	Carus	Crystal Palace Triathletes
778	14:04:00	Simon	Causar	
774	14:02:40	Matt	Chapman	SLH Tri Club
200	10:51:20	Lynda	Chase	Met Police Tri Club
345	11:39:40	Jon	Cheetham	
660	13:24:40	Paul	Cherry	7oaks Triathlon Club
493	12:29:00	Kate	Chhatwal	
336	11:36:40	Yvonne	Christie	
375	11:49:40	Nell	Clarke	Crystal Palace Triathletes
437	12:10:20	Vincent	Clarke	Tri Condor

550	12:48:00			
588	13:00:40	Annchen	Clarke	
680	13:31:20	David	Clarke	
621	13:11:40	Linda	Clemens	Thames Turbo
788	14:07:20	Nick	Clements	Thames Turbo/Sigma Sport
624	13:12:40	Stephen	Cluett-Green	
526	12:40:00	Darren	Cock	
502	12:32:00	Geoffrey	Coe	
665	13:26:20	Abraham	Cohen	London Tri
610	13:08:00	Will	Collins	Serpentine Running Club
642	13:18:40	Victoria	Collins	Serpentine Running Club
746	13:53:20	Andy	Collins	SLH Tri Club
686	13:33:20	Raffaele	Colturi	
410	12:01:20	Mark	Cook	Greenwich Tritons
259	11:11:00	Penny	Cooper	
573	12:55:40	Garry	Cooper	David Lloyds
398	11:57:20	Simon	Coote	
685	13:33:00	Tim	Cornell	
730	13:48:00	Sophia	Costley	
630	13:14:40	Michael	Courtier	Greenwich Tritons
382	11:52:00	Funda	Covan Tomlin	
770	14:01:20	Susan	Cox	
383	11:52:20	James	Croft	
301	11:25:00	Janette	Cross	Crystal Palace Triathletes
417	12:03:40	Paul	Crouch	7oaks Triathlon Club
399	11:57:40	Spencer	Currell	
400	11:58:00	Emerson	Currell	
328	11:34:00	Michael	Daly	MET Police Tri
337	11:37:00	Charlotte	Daly	
514	12:36:00	Tania	Daniels	
733	13:49:00	Neil	Daniels	Dulwich Runners AC
286	11:20:00	Victoria	David	
367	11:47:00	Quentin	Davis	
484	12:26:00	Marco	de Figueiredo	
290	11:21:20	Suzie	de Rohan Willner	
384	11:52:40	Max	de Rohan Willner	
402	11:58:40	Chris	Denyer	
377	11:50:20	Simon	Deville	East London Triathletes
366	11:46:40	Amy	Dickson	
664	13:26:00	Oliver	Diggins	Tri London
487	12:27:00	Michelle	Dite	
675	13:29:40	Peter	Dobinson	St. George's Tri Club
320	11:31:20	Declan	Dodwell	
219	10:57:40	Katharine	Doll	sapphire lifestyle
309	11:27:40	Mark	Donnelly	
619	13:11:00	Eleanor	Doody	Ful-on-Tri
227	11:00:20	Louise	Downs	
688	13:34:00	Mark	Dunlea	fulontri
423	12:05:40	Kris	Dunn	
701	13:38:20	Alistair	Duvoisin	Ful-on-Tri
671	13:28:20	Alec	Dyer	Thames Turbo Triathlon Club
789	14:07:40	Parys	Edwards	Ful-On Triathlon Club
329	11:34:20	Anne	Eldridge	
242	11:05:20	Rebecca	Ellinor Tyler	
626	13:13:20	Simon	Elliott	

431	12:08:20	David	Ellison	
312	11:28:40	Peter	Elson	
255	11:09:40	Lucy	England	
231	11:01:40	Simon	Evans	Crystal Palace Triathletes
790	14:08:00	Richard	Evans	MET Police Tri
374	11:49:20	Matthew	Everett	
637	13:17:00	Michael	Everington	Kingfisher Triathletes
785	14:06:20	Alec	Eves	
647	13:20:20	Lisa	Fairclough	
196	10:50:00	Susan	Fairfax	Crystal Palace Triathletes
392	11:55:20	Angela	Farmer	
289	11:21:00			
719	13:44:20	Toby	Feakin	
528	12:40:40	Tom	Fender	
547	12:47:00	Nick	Fidler	Serpentine Running Club
457	12:17:00	Adam	Field	
796	14:10:00	Ella	Fisher	Hillingdon Triathletes
676	13:30:00	Clare	Flannery	
677	13:30:20	Nina	Flintham	Tri London
238	11:04:00	Daniel	Flower	
724	13:46:00	Geoff	Flowers	les stables
721	13:45:00	Kath	Foale	
515	12:36:20	Chris	Ford	
744	13:52:40	Tom	Ford	
422	12:05:20	Robert	Forster	
454	12:16:00	Simon	Forster	
463	12:19:00	Stephen	Fortune	South London Harriers
533	12:42:20	Jonathan	Foster	
634	13:16:00	Victoria	Fowlis	
764	13:59:20	John	Francis	Tri London
497	12:30:20	Matt	Fricker	Clapham Chasers RC
241	11:05:00	Daniel	Frostick	
213	10:55:40	Simon	Frusher	
206	10:53:20	Sue	Fuller	East Essex Tri
317	11:30:20	Stuart	Furness	
489	12:27:40	Mhairi	Furtado	
340	11:38:00			
342	11:38:40	Luke	Gale	
689	13:34:20	Sam	Gale	
751	13:55:00	Michael	Galvin	
210	10:54:40	Ian	George	East Essex Triathlon Club
551	12:48:20	Kelly	George	
557	12:50:20	Wojtek	Gil	
731	13:48:20	Mark	Gliddon	
761	13:58:20	Farouk	Gohil	Tri London
282	11:18:40	Victoria	Goode	
331	11:35:00	James	Goodrum	
371	11:48:20	Stuart	Gould	
435	12:09:40	Raymond	Gouws	
524	12:39:20	Denny	Gray	Serpentine Running Club
592	13:02:00	David	Gregory	
482	12:25:20	Al	Grice	lazy bones
424	12:06:00	Karen	Grieves	
525	12:39:40	Gareth	Griffin	
793	14:09:00	John	Griffin	Tri London

759	13:57:40	Mark	Griffiths	
578	12:57:20	Marilyn	Gulland	
474	12:22:40	Craig	Gutteridge	
504	12:32:40	David	Gwilliam	
389	11:54:20	Deborah	Haines	
212	10:55:20	Dominic	Hale	Word for Weapons
445	12:13:00	Susan	Hales	
258	11:10:40	Mahmut	Halim	
338	11:37:20	Michael	Halling	
603	13:05:40	Rod	Hamilton	
705	13:39:40	Matthew	Hammond	Tri London
288	11:20:40	Miah	Hargreaves	
466	12:20:00	Adam	Harman	
639	13:17:40	Jane	Harrison	
302	11:25:20	Phil	Hart	
237	11:03:40	Claire	Hawcroft	
490	11:17:00	Lara	Hawkings	
436	12:10:00	Lynn	Hayes	
662	13:25:20	Mark	Hayman	
439	12:11:00	Graham	Haynes	Tricondor
800	14:11:20	Nik	Haynes	Ful-on-Tri
335	11:36:20	Johnny	Heald	
456	12:16:40	Eleanor	Heath	
653	13:22:20	Crispin	Heath	
741	13:51:40	Bob	Hedderman	MET Police Tri
478	12:24:00	Jessica	Helyer	
562	12:52:00	Robert	Henderson	
492	12:28:40	Judith	Hendley	
771	14:01:40	Steve	Henigan	Team Viper
757	13:57:00	Simon	Henty	team viper
717	13:43:40	Olivia	Hetreed	Tri London
589	13:01:00	Lorraine	Hewett	
465	12:19:40	Martin	Hickman	
266	11:13:20	Robert	Hicks	
737	13:50:20	Julie	Hicks	Larkfield AC
760	13:58:00	Chris	Hill	Serpentine Running Club
394	11:56:00	Jane	Hinne	Greenwich Tritons
485	12:26:20	William	Hiscock	King's College Triathlon Club
697	13:37:00	Chris	Hoare	Kingfisher Triathletes
581	12:58:20	John	Hobbs	
470	12:21:20	Ian	Hodge	Serpentine Running Club
404	11:59:20	Sarah	Hogan	
403	11:59:00	Warren	Holton	
269	11:14:20	Richard	Hooper	
339	11:37:40	Ruth	Hopkinson	
784	14:06:00	Jon	Horsman	Crystal Palace Triathletes
709	13:41:00	Steven	Hough	Blackheath and Bromley Harriers
666	13:26:40	Gemma	Houghton	Ful-On Triathlon Club
506	12:33:20	Mark	Howarth	
674	13:29:20	Peter	Howarth	Met Police Tri Club
608	13:07:20	Dylan	Hubble	
569	12:54:20	Peter	Hulcoop	
407	12:00:20	Andrew	Humphreys-Elvis	
380	11:51:20	Dan	Humphries	
245	11:06:20	Ian	Hunt	

276	11:16:40	Alison	Hunt	
716	13:43:20	Joanne	Hunt	
553	12:49:00	Kate	Hurdley	
645	13:19:40	Stephen	Hurley	Tri London
743	13:52:20	Ruth	Hutton	S.L H Tri Club
378	11:50:40	Zara	Hyde Peters	
409	12:01:00	William	Ireson	
512	12:35:20	Darren	Irving	
228	11:00:40	Benjamin	Jackson	
263	11:12:20	Steve	Jackson	
274	11:16:00	Caroline	Jackson	
318	11:30:40	Dirk	Jacobs	
563	12:52:20	Paul	Jagger	Clapham Chasers RC
243	11:05:40	Previn	Jagutpal	
438	12:10:40	Jamie	Jankowski	
297	11:23:40	Adam	Jarosz	Sutton Runners
458	12:17:20	Catherine	Jenkins	
545	12:46:20	Kevin	Jenner	
391	11:55:00	Errol	Johnson	Eton Triathlon Club
535	12:43:00	Stephen	Jones	
549	12:47:40	Gareth	Jones	
582	12:58:40	Marc	Jones	
694	13:36:00	Rob	Jones	
663	13:25:40	Rebecca	Joyce	
772	14:02:00	Gary	Joyce	
293	11:22:20	Jerry	Kalogeropoulos	
203	10:52:20	James	Kane	East Essex Triathlon Club
620	13:11:20	Karia	Kavanaugh	
747	13:53:40	Viktor	Kazinec	Tri London
779	14:04:20	Alice	Keane	Optima Racing Team
631	13:15:00	Johanna	Kelley	
414	12:02:40	John	Kelly	
488	12:27:20	Ken	Kelly	
715	13:43:00	Steven	Kent	Ful-On Triathlon Club
775	14:03:00	Simon	Kenyon	Ful-on-Tri
782	14:05:20	Chris	Kiernan	Tri London
202	10:52:00	Colin	King	East Essex Tri
476	12:23:20	Ross	King	
720	13:44:40	Peter	King	Ful-on-Tri
472	12:22:00	Vaughan	Kingston	
654	13:22:40	Alex	Kitromilides	Mornington Chasers
358	11:44:00	Ben	Knight	
600	13:04:40	James	Knowling	Greenwich Tritons
768	14:00:40	Uli	Kraeling	Ful-on-Tri
754	13:56:00	Toby	Kushner	
552	12:48:40	Giorgio	Lai	
794	14:09:20	Stewart	Laing	Crystal Palace Triathletes
434	12:09:20	Fiona	Lambden	
415	12:03:00	Tony	LaMoury	7oaks Triathlon Club
233	11:02:20	Nermeen	Latif	Serpentine Running Club
352	11:42:00	Matthew	Lawrence	
499	12:31:00	Ben	Lawson	
618	13:10:40	Jem	Lawson	Tyne Triathlon Club
753	13:55:40	Vince	Lawson	iris Old Boys
627	13:13:40	Rhi	Leadbeater	Clapham Chasers RC

275	11:16:20	David	Lee	
797	14:10:20	Richard	Legge	THAMES TURBO SIGMA SPORT
198	10:50:40	Greg	Lewis	Crystal Palace Triathletes
593	13:02:20	Sigrid	Libot	Serpentine Running Club
425	12:06:20	Ralph	Lillywhite	
344	11:39:20	Tom	Littlewood	Striders of Croydon
623	13:12:20	Louise	Locke	
629	13:14:20	Christopher	Lodge	
543	12:45:40	Martin	Long	SLH Tri Club
260	11:11:20	Tina	Lorkins	
513	12:35:40	Janson	Lotery	
221	10:58:20	Emma	Loveridge	
561	12:51:40	James	Lowery	
576	12:56:40	Paul	Lowther	
606	13:06:40	Niko	Lutener	Crystal Palace Triathletes
614	13:09:20	Sam	Luton	
208	10:54:00	Neil	Lynch	East Essex Triathlon Club
364	11:46:00	Kevin	Lynch	
440	12:11:20	Monica	Lyons	Serpentine Running Club
704	13:39:20	Philip	Macauley	
783	14:05:40	Iain	MacLeod	Ful-on-Tri
560	12:51:20	Tony	Macpherson	Kingfisher Triathletes
714	13:42:40	Kate	Mahony	Tri London
740	13:51:20	Timothy	Male	Thames Turbo Sigma Sport
308	11:27:20	Poppy	Maltby	
732	13:48:40	Nick	Malynn	Ful-On Triathlon Club
354	11:42:40	Kishan	Mandalia	
300	11:24:40	Barbara	Mannoukas	Crystal Palace Triathletes
684	13:32:40	Kate	Marchant	Beckenham Running Club
605	13:06:20	James	Marron	
294	11:22:40	Lisa Marie	Marshall	
343	11:39:00	Jonathan	Martin	The Vishlords
752	13:55:20	Eduardo	Martinez-Garcia	
441	12:11:40	Jason	Mathias	Tri Condor
766	14:00:00	Martin	Matthews	
247	11:07:00	Teresa	Mcauley-Kinchin	
234	11:02:40	AJ	McConville	
505	12:33:00	Ann	McCormack	Serpentine Running Club
539	12:44:20	Simon	McDonald	
598	13:04:00	Georgina	McDonald	
590	13:01:20	Clare	McGirr	
571	12:55:00	Simon	McGoldrick	
199	10:51:00	Roy	McGregor	Crystal Palace Triathletes
428	12:07:20	Susanne	McGurk	Bishops Stortford Running Club
455	12:16:20	David	McGurk	Bishops Stortford Running Club
591	13:01:40	Kristy	McIntyre	
223	10:59:00	Sarah	Mellor	
723	13:45:40	Ben	Mellors	Serpentine Running Club
379	11:51:00	Ruth	Metcalf	
278	11:17:20	Christy	Meyer	
327	11:33:40	Lewis	Milford	Tri London
222	10:58:40	Rachel	Miller	
601	13:05:00	Richard	Millington	
248	11:07:20	Hannah	Mitchell	
473	12:22:20	Johanna	Morley	

469	12:21:00	Sarah	Morris	
500	12:31:20	Adrian	Morris	
468	12:20:40	Paul	Morrissey	
323	11:32:20	Caroline	Morten	
516	12:36:40	Jonathan	Moss	
574	12:56:00	Simon	Moss	
461	12:18:20	Scott	Mullins	
698	13:37:20	David	Murray	
559	12:51:00	Nick	Murrell	
218	10:57:20	Kate	Nash	
270	11:14:40	Sara	Nasser	
351	11:41:40			
471	12:21:40	Guy	Nicholls	
341	11:38:20	Rex	Nii Addy	
279	11:17:40	Vietri	Nobile	
284	11:19:20	Marina	Nola	
390	11:54:40	Phillip	Norman	
413	12:02:20	Jayne	Nutley	
396	11:56:40	Thomas	Oakley	
349	11:41:00	Katherine	O'Brien	
518	12:37:20	Nick	Oldfield	Serpentine Running Club
271	11:15:00	Sharon	Onyango	
421	12:05:00	Joachim	Onyango	Serpentine Running Club
507	12:33:40	Andrew	Ormesher	Clapham Chasers RC
519	12:37:40	Jane	Osborne	Larkfield AC
777	14:03:40	George	Osborne	Larkfield AC
420	12:04:40	Susannah	Palfrey	
333	11:35:40	Chris	Palmer	
508	12:34:00	Clive	Pane	
725	13:46:20	Richard	Parker	Kingfisher Triathletes
509	12:34:20	Richard	Parr	
267	11:13:40	Vicki	Parry	serpentine
273	11:15:40	Simon	Parten	Serpentine Running Club
443	12:12:20	Mark	Pearson	
444	12:12:40	Timothy	Pearson	
253	11:09:00	Stuart	Peck	
447	12:13:40	Michelle	Pelta	
314	11:29:20	Jonathan	Penn	
486	12:26:40	Stewart	Penney	SMRAC
537	12:43:40	Dale	Perini	
450	12:14:40	Gary	Peters	Dorking & Mole Valley AC
419	12:04:20	Jason	Petricca	
602	13:05:20	Helen	Pidd	
687	13:33:40	Richard	Pigott	Ful-on-Tri
462	12:18:40	Leigh	Pilgrim	Ampthill & Flitwick Flyers
650	13:21:20	John	Pitt	
510	12:34:40	Ian	Potter	Blackwater Triathlon Club
599	13:04:20	Christian	Pottmeyer	
649	13:21:00	Simon	Prankard	met police tri club
295	11:23:00	Nigel	Prescott	
635	13:16:20	David	Preston	
503	12:32:20	Alistair	Priest	
446	12:13:20	Alexandra	Pugh	TRICONDOR
287	11:20:20	James	Pughe	
347	11:40:20	Peter	Pulford	

232	11:02:00	Gavin	Purchas	
564	12:52:40	Ravi	Rai	
554	11:08:40	Leasa	Ramsbotham	
283	11:19:00	Richard	Raynes	Crystal Palace Triathletes
256	11:10:00	Lloyd	Raynor	
376	11:50:00	Rob	Reason	
307	11:27:00	Stephen	Reay	
464	12:19:20	Chris	Reichhelm	Serpentine Running Club
787	14:07:00	Luis	Rendon	Tri London
542	12:45:20	Eleanor	Resheph	Ful-on-Tri
214	10:56:00	Nick	Richards	
538	12:44:00	Peter	Richards	
567	12:53:40	Doug	Richardson	
517	12:37:00	Jon	Ridgeon	
702	13:38:40	Caroline	Ridgway	
690	13:34:40	Caroline	Ringrow	Serpentine Running Club
397	11:57:00	Charlotte	Roberge	Clapham Chasers RC
281	11:18:20	Andrew	Roberts	Clapham Chasers RC
357	11:43:40	Paul	Roberts	
362	11:45:20	Hannah	Roberts	
641	13:18:20	Samuel	Roberts	
583	12:59:00	Matt	Robins	SLH Tri Club
565	12:53:00	Jason	Robinson	
692	13:35:20	Stephanie	Robson	Ful-On Triathlon Club
681	13:31:40	Bella	Roe	Tri London
776	10:51:40	Phil	Roker	Ful-on-Tri
555	12:49:40	Maree	Rolf	
246	11:06:40	David	Root	Canterbury Harriers
640	13:18:00	Nigel	Ross	
595	13:03:00	Catherine	Ruffle	
638	13:17:20	Paul	Ruffy	
798	14:10:40	Mike	Adams	Thames Turbo Triathlon Club
204	10:52:40	Elliot	Ryan	East Essex Triathlon Club
401	11:58:20	John	Sage	
742	13:52:00	Mark	Sage	
706	13:40:00	Paul	Salador	
395	11:56:20	Alan	Sallows	
361	11:45:00	Jacob	Salt-Berrymen	
257	11:10:20	Kate	Sandeman	
479	12:24:20	Annie	Sanderson	
628	13:14:00	Nicola	Sanderson	Serpentine Running Club
250	11:08:00	Nathan	Santos	
611	13:08:20	Shane	Saunderson	
728	13:47:20	Philip	Scarles	SLH Tri Club
449	12:14:20	Laurent	Schonbach	
363	11:45:40	Jonathan	Senker	Sutton Runners
711	13:41:40	Ben	Sharp	
672	13:28:40	James	Sharp	
388	11:54:00	Gary	Shaw	
291	11:21:40	Gideon	Shawyer	Clapham Chasers RC
209	10:54:20	Zena	Shean	East Essex Tri
776	14:03:20			
313	11:29:00	Richard	Shirley	
791	14:08:20	Chris	Short	Tri London
580	12:58:00	Jack	Shute	Tri London

324	11:32:40	Louise	Simpson	
558	12:50:40	Paul	Simpson	
683	13:32:20	Alastair	Simpson	
756	13:56:40	Oliver	Sinclair	Tri London
625	13:13:00	Monika	Skrzypek	Dulwich Runners AC
657	13:23:40	Thomas	Slater	
369	11:47:40	Lindsay	Slavin	
522	12:38:40	Tim	Sleath	Wimbledon Windmilers
540	12:44:40	Will	Smart	
205	10:53:00	John	Smith	East Essex Triathlon Club
262	11:12:00	Darren	Smith	
433	12:09:00	Ben	Smith	
495	12:29:40	Tom	Smith	
536	12:43:20	Elisabeth	Smith	
633	13:15:40	Kerry	Smith	
636	13:16:40	Thomas	Smith	
612	13:08:40	Steve	Smulovic	
235	11:03:00	James	Snowdon	Crystal Palace Triathletes
673	13:29:00	Emma	Snowdon	Crystal Palace Triathletes
648	13:20:40	Weiming	Soh	
346	11:40:00	Fatos	Sopjani	
792	14:08:40	Mark	Southgate	Essex Fire Tc
429	12:07:40	Tom	Spencer	St George's OWSC
406	12:00:00	Julian	Spencer-Wood	Greenwich Tritons
659	13:24:20	Mike	Spray	
622	13:12:00	Barry	Spurgin	
305	11:26:20	Peter	Stage	
708	13:40:40	Tom	Stagg	
718	13:44:00	Anita	Stanford	Kingfisher Triathletes
332	11:35:20	Ben	Stanley	
280	11:18:00	Sam	Steele	
607	13:07:00	Mike	Stephenson	
735	13:49:40	Jo	Stephens-Smith	
268	11:14:00	Jamie	Stevenson	
616	13:10:00	Cherry	Stewart	
416	12:03:20	Louise	Sumner	
491	12:28:20	Mark	Sunderland	
693	13:35:40	Richard	Sunderland	serpentine
651	13:21:40	Caryn	Swart	
531	12:41:40	Richard	Sweeting	
355	11:43:00	Richard	Symes	St Georges Open Water Swim Club
477	12:23:40	Andy	Szkopiak	
298	11:24:00	Stephen	Tabberner	
261	11:11:40	Bruno	Taylor	
570	12:54:40	Neale	Taylor	
707	13:40:20	Ian	Taylor	
264	11:12:40	Andrew	Telesia	
682	13:32:00	Alan	Thomas	
197	10:50:20	Mark	Thomas	Crystal Palace Triathletes
703	13:39:00	Neal	Thomas	
755	13:56:20	Alex	Thomas	
765	13:59:40	Stephen	Thompson	Tri London
609	13:07:40	Guy	Thorneloe	
523	12:39:00	Greg	Thornett	
546	12:46:40	Charlie	Tinsley	

529	12:41:00	Julian	Tite	
575	12:56:20	Phil	Todd	SLHTriClub
453	12:15:40	James	Toone	
467	12:20:20	Tia	Tracey	
393	11:55:40	Henry	Tricks	
311	11:28:20	Jamie	Tulacz	
211	10:55:00	Gemma	Tune	East Essex Tri Club
541	12:45:00	Sarah	Turner	Greenwich Tritons
644	13:19:20	David	Tyler	
277	12:28:00			
738	13:50:40	Kim	van Breukelen	
239	11:04:20	Tim	Venables	
481	12:25:00	Stephen	Vey	Clapham Chasers
763	13:59:00	Katharine	Vile	Ful-on-Tri
679	13:31:00	Bridget	Virgo	Tri London
532	12:42:00	James	Voss	
230	11:01:20	Mark	Wadley	Serpentine Running Club
304	11:26:00	Kirsten	Wagner	
734	13:49:20	Patrick	Waldron	Serpentine Running Club
427	12:07:00	Iain	Wales	
668	13:27:20	Dominic	Walker	
430	12:08:00	Tim	Walkington	
334	11:36:00	Eileen	Walsh	Serpentine Running Club
670	13:28:00	Rupert	Walshe	
386	11:53:20	Lisa	Walton	Crystal Palace Triathletes
767	14:00:20	Steven	Wand	Greenwich Tritons
587	13:00:20	Rob	Watson	
353	11:42:20	Michael	Watts	
226	11:00:00	Neil	Waugh	
368	11:47:20	Michael	Weeks	
292	11:22:00	Frieda	Weiberle	
325	11:33:00	Paul	Weinreich	Tri London
597	13:03:40	Katrina	Welham	Clapham Chasers RC
448	12:14:00	Ulrike	Wessollek	
520	12:38:00	David	Westgate	
712	13:42:00	Dean	Wheeler	
656	13:23:20	Thomas	White	
758	13:57:20	David	White	Tri London
330	11:34:40	Roland	Whyte	
652	13:22:00	Tom	Wicksteed	
475	12:23:00	Paul	Wilkie	
370	11:48:00	Lesley	Wilkinson	
372	11:48:40	Claire	Wilkinson	
373	11:49:00	Gordon	Wilkinson	
736	13:50:00	Andrew	Wilkinson	
494	12:29:20	Simon	Williams	
566	12:53:20			
617	13:10:20	Iain	Wills	
418	12:04:00	Kelvin	Wilson	
729	13:47:40	Jason	Wilson	
310	11:28:00	Will	Withecumbe	
452	12:15:20	Joseph	Wood	St George's Tri Club
577	12:57:00	Stephen	Wood	Greenwich Tritons
691	13:35:00			
459	12:17:40	Michal	Wozny	Oxford University Triathlon Club

530	12:41:20	Mark	Wright	
722	13:45:20	Jody	Wright	
521	12:38:20	Clare	Wyngard	Dulwich Runners AC
496	12:30:00	Michele	Young	
544	12:46:00	Colin	Young	SLH Tri Club
572	12:55:20	Vilmos	Zsombori	